



# CO-OCCURRING DISORDERS CONFERENCE

*Treating mental illness and substance abuse addiction in a single setting*

*February 11, 2010*

## CONFERENCE TOPICS

### **Pharmacotherapy for Patients with Addiction and Mental Illness**

This presentation will identify what modifications of pharmacotherapy are indicated for patients who have addiction in addition to mental illness. Which agents are preferred and which medications are relatively or absolutely contraindicated will be addressed.

### **Treating Tobacco Dependence in Patients with Co-Occurring Disorders**

This presentation will address the often overlooked issue of tobacco dependence in persons with co-occurring disorders. It will highlight the importance and benefit of treating tobacco dependence in the same manner as any substance use disorder.

### **Treating Adolescents with Addiction and Mental Illness**

This presentation will consider the development of these illnesses which are first diagnosable during teenage years for most patients. Why do they develop? How are they first seen? What can be done about them?

### **Co-Occurring Disorders: Treating the Whole Person**

The presentation will focus on the treatment needs of individuals with co-occurring disorders and strategies for meeting those needs. Skills training will be geared towards treating the whole person. Psycho-educational information will be provided.

### **The Neurobiology of Addictions**

This presentation will explore the disease concept of addictions as a disease of the brain. How drugs affect the brain and how chronic use changes the brain will be explored.

**Date:** February 11, 2010

**Time:** 8:30 am - 4:00 pm

#### **Location:**

Best Western Carriage House  
Empire Room 1 & 2  
300 Washington Street, Watertown, NY  
Web:  
[www.bestwesternwatertownny.com](http://www.bestwesternwatertownny.com)

#### **Registration Deadline:**

February 1, 2010  
Registration Forms available at  
[www.jeffcountymentalhealth.com](http://www.jeffcountymentalhealth.com)

\*\*\*CEU credits are pending\*\*\*

**Please return registration form and check payable to:**

**CCE Jefferson County  
ATTN: Debi Ahlheim  
203 N. Hamilton Street  
Watertown, NY 13601  
Fax: 315-788-8461**

**For questions, please contact:**

**Kelby Magennis, MPH  
Community Mental Health Educator  
at [kem224@cornell.edu](mailto:kem224@cornell.edu) or  
(315) 788-8450**

**[www.jeffcountymentalhealth.com](http://www.jeffcountymentalhealth.com)**

## **AGENDA**

**8:30-9:00**

Registration and Continental Breakfast

**9:00-9:30**

Opening Remarks

### **9:30-10:30 (Concurrent Session A)**

Pharmacotherapy for Patients with  
Addiction and Mental Illness

-or-

Treating Tobacco Dependence in  
Patients with Co-Occurring Disorder

**10:35-10:45**

BREAK

### **10:45-11:45 (Concurrent Session B)**

Treating Adolescents with  
Addiction and Mental Illness

-or-

Co-Occurring Disorders:  
Treating the Whole Person

**11:45-12:00**

BREAK

**12:00-1:00**

Lunch/Center for Excellence in  
Integrated Care presentation

### **1:15-2:15 (Concurrent Session C)**

Co-Occurring Disorders:  
Treating the Whole Person

-or-

The Neurobiology of Addictions

**2:15-2:30**

BREAK

**2:30-3:45**

OASAS/OMH Panel Presentation

**3:45-4:00**

Closing Remarks

The Community Mental Health Education Program is funded and supported by the Fort Drum Regional Health Planning Organization and the Jefferson County Department of Community Services.

Cornell Cooperative Extension Association of Jefferson County provides equal program and employment opportunities. Please contact us if you have special needs or are unable to pay.



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Jefferson County