



Finding Your Way Through the Mental Hygiene Network on Fort Drum and in Jefferson County

**Lunch
Provided!**

**Tuesday, May 11, 2010
9:00 am - 2:30 pm**

**Free to
Attend!**

The Commons on Fort Drum
P-4350, Corner of Po Valley and Euphrates River Valley Road

Do you or a family member need mental hygiene services?

Are you part of the military community or work with someone who is?

**Come to this one-day training to receive information about finding the
mental hygiene services you or others need.**

You will learn:

- The places to go on Fort Drum for the services you need
- The places to go in Jefferson County to get services off-post
- Mental hygiene services available to veterans and their families
- Mental health resources available for military children

**Please register by April 30th by contacting Debi Ahlheim at
(315) 788-8450 x222 or dra27@cornell.edu**

For more information, please visit www.jeffcountymentalhealth.com or contact
Kelby Magennis, MPH, Community Mental Health Resource Educator
at kem224@cornell.edu or (315) 755-2020



FDRHPO
Fort Drum Regional
Health Planning Organization



Cornell University
Cooperative Extension
Jefferson County

The Community Mental Health Education Program is funded and supported by
Jefferson County Department of Community Services